Queen Elizabeth's Foundation for Disabled People

QEF CARE AND REHABILITATION CENTRE

OPEN MORNING

21st September 2022

Queen Elizabeth's Foundation for Disabled People

Karen Deacon
QEF Chief Executive

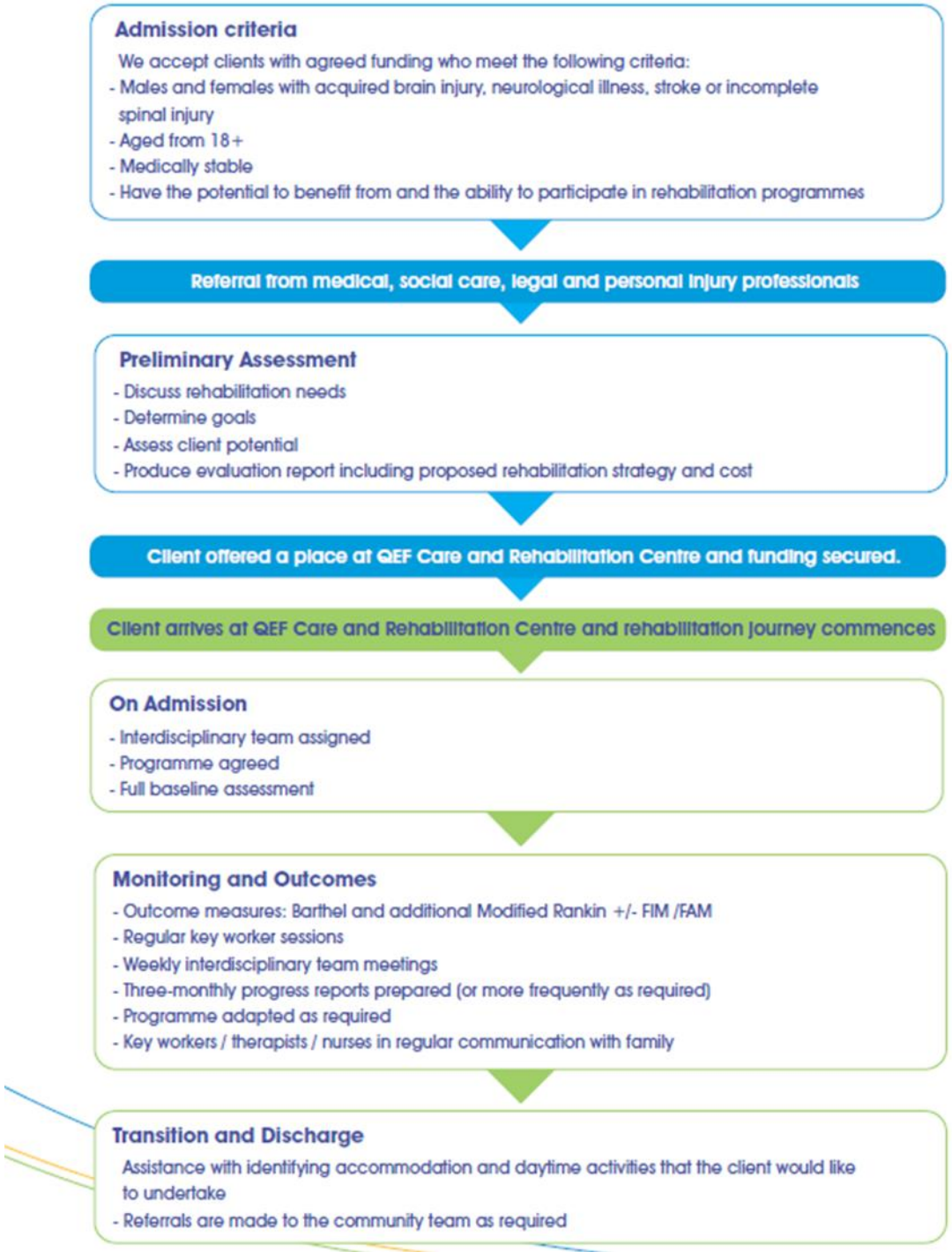
Queen Elizabeth's Foundation for Disabled People

- Welcome
- Our services and goal driven therapy
- Tour of the Care and Rehabilitation Centre
- Rachael Colley – Deputy Director of Continuing Healthcare, and Neuro Rehabilitation (Croydon)
- Your Questions
- Lunch

Queen Elizabeth's Foundation for Disabled People

Rita Asamoah
QEF Operations Director

Client journey for all pathways



QEF Care and Rehabilitation Centre

Our Services – client pathways

QEF Care and Rehabilitation Centre

Incomplete Spinal Injury

Complex Neurological Rehabilitation

Client Experience

Person-centered
24/7 nursing care
Modern ensuite rooms with accessible technology
Activities: music, gardening, art

QEF Mobility Services for accessible transport options, mobility equipment, re-learning to drive

Long term Neurological Programme

Stroke

Community Services:

Residential Respite Care

Outpatients & Day Service

Our Services – client pathways

Delivered by an expert team of inhouse therapists including psychologists, physiotherapists, speech and language and occupational therapists, as well as a dietician and 24/7 nursing care and support.

- **Incomplete Spinal Injury**:
  Bespoke neuro rehabilitation towards individual goals. Clients admitted from hospital or private referral

- **Complex Neurological Rehabilitation**
  Bespoke therapy and care supporting all complex neurological conditions such as:
  ABI, TBI, Guillain- Barre Syndrome, MS, Parkinsons. Clients admitted from hospital or private referral

- **Long-term Neurological Programme**:
  Disability management for all complex neurological conditions. Interim residential care and maintenance therapy with a rolling quarterly contract

- **Stroke:**
  Intense neuro rehabilitation and nursing care. Clients admitted from hospital

- **Community Services:**
  Residential respite care with nursing care and agreed maintenance therapy
  Outpatients and Day Service – bespoke therapy as agreed

Goal led therapy

Client 1 Key Therapies	Physiotherapy and Psychology
Diagnosed condition	Guilliane-Barre Syndrome Pathway: **Complex Neurological Rehabilitation**
Personal motivation:	To walk again and return to parenting role
Therapy / supporting activities received to achieve goal	Physiotherapy and intensive psychology support as additional issues were hindering progress and threatening a successful discharge
Outcome on discharge	Returned home. Able to continue parenting role
Other QEF services	

Goal led therapy

Client 2 Key Therapies	Physiotherapy
Diagnosed condition	Transverse Myelitis – paralysis from waist down Pathway: **Spinal Injury**
Personal motivation:	To walk again and play and care for grandchildren
Therapy / supporting activities received to achieve goal	Physiotherapy over 6 month stay to restore walking ability. Sessions started in a harness and hoist with a walking frame and 3 physios. Progressed to a 4 wheel walker and 2 physios and then to a small walker and just 1 person
Outcome on discharge	Returned home able to walk with a small walker. Needs to continue physio in the community. Grandchildren very involved in stay at QEF to aid adaption
Other QEF services	

Goal led therapy

QEF Care and Rehabilitation Centre

Client 3 Key Therapies	Physiotherapy and Occupational Therapy
Diagnosed condition	Brainstem and cerebellar stroke Pathway: **Stroke**
Personal motivation:	To walk and drive again
Therapy / supporting activities received to achieve goal	ADL practice (activities for daily living) – improving independence with personal care tasks Support to manage ongoing vestibular symptoms Support to manage psychological impact of stroke.
Outcome on discharge	Returned home. Independently mobile, independent with all ADLs. Assessed by QEF Mobility Services and supported to return to driving
Other QEF services	Mobility Services

Goal led therapy

Client 4 Key Therapies	Psychology and Occupational Therapy
Diagnosed condition	Spinal Stenosis Pathway: **Complete Spinal Injury**
Personal motivation:	To adjust to life without the ability to walk
Therapy / supporting activities received to achieve goal	Psychological support to help adjustment and manage suicidal thoughts/self-harm. Activities support to develop new interests in cooking, gardening and creativity Occupational Therapy organised home adaptations to ensure access to other rooms, ease of cooking and access to the garden.
Outcome on discharge	Felt very supported through their journey of accepting disability. Mind set improved significantly and they were looking forward to enjoying gardening at home.
Other QEF services	

Goal led therapy

Client 5 Key Therapies	Physiotherapy and Occupational Therapy and Speech and Language Therapy
Diagnosed condition	Traumatic Brain Injury Pathway: **Long term neurological programme**
Personal motivation:	To interact with family
Therapy / supporting activities received to achieve goal	Explore communication Maintain comfort levels Ensure quality of life
Outcome on discharge	Returned home with equipment and care package. Increased communication skills using an AAC device for greater interaction with family
Other QEF services	

QEF Care and Rehabilitation Centre

Tour of The Care and Rehabilitation Centre

Queen Elizabeth's Foundation for Disabled People

Rachael Colley

Deputy Director of Continuing Healthcare and Neuro Rehabilitation (Croydon)

Queen Elizabeth's Foundation for Disabled People

Your Questions