



Queen Elizabeth's
Foundation for
Disabled People

Your Guide to Gifts in Wills



Enabling Potential

The difference you can make

QEF has helped my family create special memories that will stay with us forever, and kept us connected. That's why I am leaving a gift in my Will to QEF.

My first contact with QEF was through my father when his spine collapsed and he acquired a brain injury after sepsis. QEF advised on adapting his car, which allowed dad to continue driving and gave him his independence – the biggest gift ever. They even helped him attend my daughter's wedding, and enjoy a family holiday.

These are special memories which I will always treasure. So I want the gift I leave to help other people create their own special memories. Please join me in leaving a gift in your Will to QEF – to support disabled people long into the future.

Karen Deacon,
Chief Executive, QEF

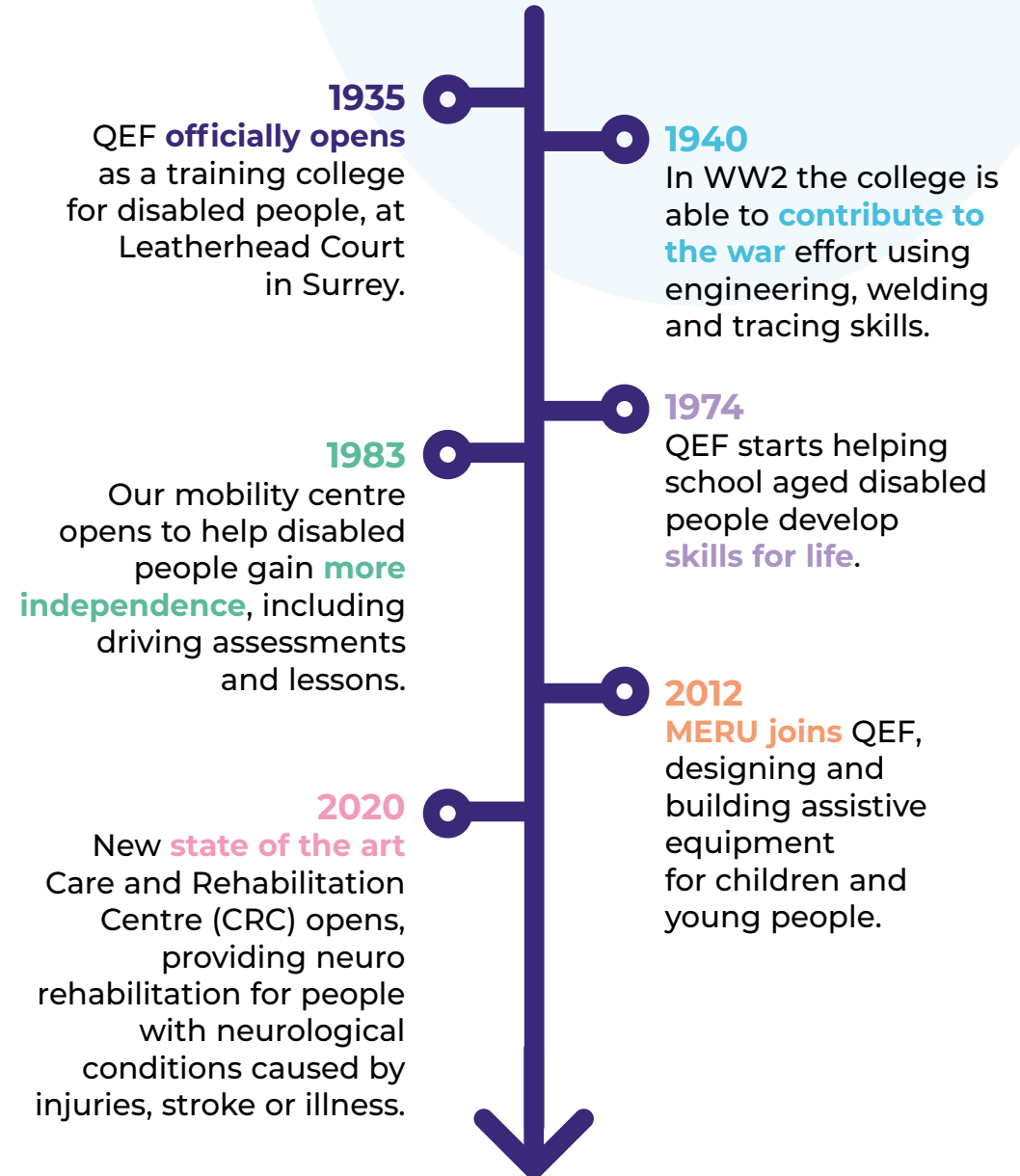
“

Gifts in Wills are so important to QEF. They really are the gifts that keep on giving.

”



90 years of supporting disabled people to reach their potential



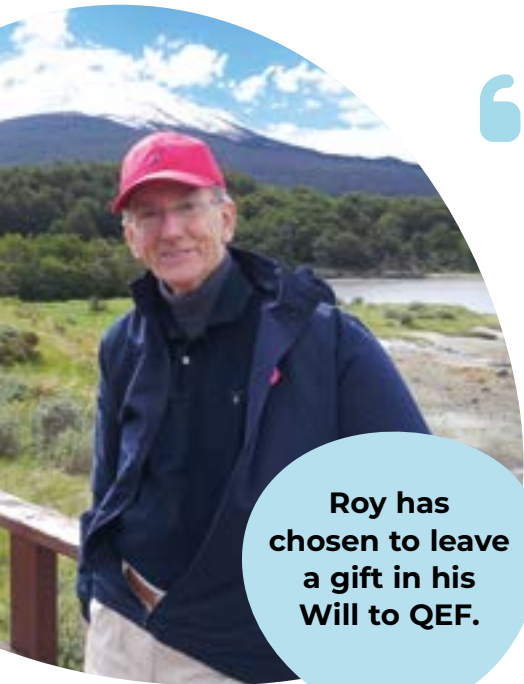
Your gift can support disabled people in the future

About QEF and the power of gifts in Wills

For the last 90 years QEF has been developing innovative services for disabled people. We support almost 10,000 adults and children a year to achieve their potential and increase their independence.

We work with people who have physical and learning disabilities or acquired brain injuries. Our vital range of services is wide; from expert neuro rehabilitation to rebuild a life after brain injury, to providing assistive equipment and advice to increase independent mobility, or acquiring the skills to drive a specially adapted car.

The gift you leave in your Will, no matter the size, will help us continue to provide these expert services so that more people can live their lives to the fullest. It's a wonderful way for you to make an amazing difference for thousands of disabled people far into the future.



Roy has chosen to leave a gift in his Will to QEF.

“ I am indebted to QEF for giving me the opportunity to have a long and successful career. When I was 20 and freshly out of long term hospital, QEF helped me to overcome my physical impairments and to believe in my ability to learn new things. I'm leaving a gift in my Will to ensure QEF can help others to believe in themselves too. ”

Roy, QEF supporter

Care and neuro rehabilitation gives Alex a new lease of life

When Alex had a stroke, her speech and right side were affected and she couldn't stand. With the support she's received at QEF's Care and Rehabilitation Centre (CRC), Alex has built back her strength and hope for the future.

Our expertise at the CRC was just what Alex needed for her rehabilitation after a stroke. “It was amazing,” she says. “By working on core strength you gradually get to a point where you can stand. I can walk and stand normally and use my right arm again! I've learned to write with my left hand, thanks to the Speech and Language team. My progress is massive – I'm independent.”

A gift in your Will could change more lives like Alex's.

Alex receiving specialist physiotherapy at QEF's Care and Rehabilitation Centre (CRC)



“ The change from when I first started to where I am today is remarkable. I feel positive and can do anything now. ”

As a disabled mum with triplets, driving means so much to Kumba

Kumba contracted Polio when she was four years old. It affects the stability in her legs. Before she could drive, she and her children had to rely on public transport.

"It was stressful," says Kumba. "I can't run for the bus. I needed to learn to drive." She applied to our Mobility Services for an assessment with an Occupational Therapist who tested her reaction times using a static rig, which mimics the car's seating and controls but is attached to the floor. Kumba then had driving lessons with QEF and was soon driving a real car, fitted with hand controls as she can't move her legs. "Since I passed my test it's been fantastic," she says. "It has given me freedom."

This is the positive impact a gift in your Will could have.

Today, Kumba gets her children to school and herself to work, stress-free.



“
Driving has opened up so much for me. I can drive anywhere I want. It's changed my life – it's amazing!
”



One third
of QEF's donated income comes from gifts in Wills from generous supporters like you.

How gifts in Wills can change lives

Did you know you could leave a percentage of your estate to charity? Since the average UK estate is worth £344,000, an example gift of:

1%

around **£3,000**, could buy a specialist tilting wheelchair which is used to help people with spinal injuries.

2%

around **£6,000**, could buy a piece of motor-assisted training equipment that is used for leg and arm rehabilitation.

10%

around **£34,000**, could buy a specially adapted vehicle to take people between their home and our centres to re-learn everyday skills which have been lost because of a brain injury.

Six easy steps to making your Will

Remembering us in your Will means we can be here, supporting people for many years to come. These steps will help you prepare to make or update your Will.

STEP 1

How much is your estate worth?

Write down your most valuable possessions such as property, cars and jewellery and what you think they're worth. Include any savings or investments in the total. It doesn't have to be completely accurate, but will give you an idea of the value of your estate.

STEP 2

Take care of those closest to you

Decide who you would **like to benefit from your estate** when you're no longer around. If it's more than one person you may want to think about leaving a percentage (a residuary gift) of your estate to each one, or a specified amount (a pecuniary gift). You can also leave a particular item (a specific gift) to them.

STEP 3

Consider the causes you support

After looking after your family and friends, you may want to **leave something to causes close to your heart**. This could even help reduce the amount of Inheritance Tax due on your estate, which it's worth checking with your solicitor.

STEP 4

Appoint your 'executors'

You'll need to choose at least one person you trust to carry out the instructions in your Will and **appoint them as executors**. They could be a family member, friend or your solicitor.

STEP 5

Find a solicitor

Getting your **Will written or at least checked by a solicitor** ensures your wishes are carried out as you intended and your Will is legally valid. QEF have partnered with two Will writing service providers meaning you could have your Will written for free at qef.org.uk/free. You can also find details of qualified solicitors at lawsociety.org.uk

STEP 6

Keep your Will safe and up to date

Make sure someone you trust knows where your Will is kept (ideally with a solicitor) and keep a copy in a safe place. It's also important to **keep it up to date** if your personal or financial circumstances change. If you want to make a simple change such as including a gift to QEF, you may find a **Codicil form, written by or checked with your solicitor**, is a simpler option than re-writing the whole Will.

Glossary of legal terms

These are some of the more common terms you might come across when writing your Will:

Assets

Anything you own that is worth money. They could be houses, cars, savings or shares.

Beneficiary

A named person or organisation (such as a charity) who will receive a gift from your Will.

Codicil

If you want to change your Will without rewriting it, you can use a codicil. It must be signed and witnessed in the same way as a Will.

Estate

This is the total value of everything you own.

Executor

The person who has been named in the Will to manage your estate.

Inheritance Tax (IHT)

A tax set by the government which may be payable on death depending on the value of the estate and intended beneficiaries. This could be reduced if leaving a gift in your Will to a charity.

Probate

The legal process during which a Will is proven in court and accepted as a valid public document; it is usually one of the first steps in the legal process of administering the estate.

Pecuniary Gift

A fixed sum of money named in the Will left to a beneficiary in your Will.

Residuary Gift

Percentage of your estate left to a beneficiary in your Will.

Specific Gift

A named item of value left to a beneficiary in your Will, such as a house, car, painting or piece of jewellery.

Ava's specially designed Flexzi has opened up her world

AVA'S
STORY

Ava is a bright and playful little girl who has Cerebral Palsy, affecting the use of her limbs. Her strong, adaptable Flexzi makes it easy for her to use her chin to operate switches.

From playing with toys to learning on her tablet, Ava depends on switches she can operate with her chin. But Jess, her mum, couldn't find a mount strong enough to take the weight of Ava's head, until she discovered MERU.

"Your Flexzi device was recommended to me, and it's just brilliant" says Jess. Specially designed to be robust, flexible and easy to fit on surfaces, wheelchairs and bed-frames, it's unlocked a whole new world for Ava and given her much greater independence.

The gift you leave in your Will could support more children like Ava.

Ava loves her dependable Flexzi and her greater independence

“Once Ava could control her tablet, a whole new world of opportunities opened up for her.”
Ava's mum



Write or update your Will for free

QEF have joined forces with two service providers to offer you a way to write or update your Will for free.



Our two free Wills partners

Make a Will Online

Write your Will easily, safely and for free online with our partner, **Make a Will Online**. They'll take you step by step through the simple process. When you're done, your Will will be checked by a trained solicitor.

Visit the website at makeawillonline.co.uk/QEF

The Goodwill Partnership

You can speak with **The Goodwill Partnership** to write or update your Will in whichever way is most convenient for you – over the phone, on a video call or through a home visit from a trained counsellor.

Simply book a free, no-obligation appointment at a time to suit you – daytime, evening or weekend.

Call **0844 669 6148** and quote 'QEF' or visit the Goodwill Partnership's website at thegoodwillpartnership.co.uk/QEF

For more
information,
visit
qef.org.uk/free

Our promise to you

Your generous support is at the heart of what we do. That's why you can be sure of our promise to you.

- 1 We'll always treat information you give us in confidence with respect.
- 2 We'll never put you under any pressure to leave a gift in your Will, and we understand that caring for family and friends comes first.
- 3 We respect your choice to tell us if you have left a gift in your Will to QEF.
- 4 We will use your gift wisely, making a difference to the lives of disabled children and adults.
- 5 We'll honour any wishes you have about the use of a gift in your Will.
- 6 We respect your right to change your mind at any time and take us out of your Will if, for example, your personal circumstances change.



A gift in your Will can support all our services

Care and Rehabilitation Services

Our Care and Rehabilitation Centre enables people to regain their quality of life after neurological illness, brain injury, or stroke.

Mobility Services

With mobility advice, driving lessons and assessments, we provide support for disabled people and those with age-related impairments.

MERU

One of the UK's top providers of mobility support and advice, our sister charity MERU, enables young disabled children to access independent mobility, through unique adapted equipment.

The Grange

Our residential and supported living settings in Cranbrook, Kent provide support for up to 25 people with learning disabilities.



All you need to remember us in your Will is our full name, address and registered charity number.

QEF's details are as follows:

**Queen Elizabeth's Foundation for Disabled People,
Leatherhead Court, Woodlands Road, Leatherhead,
Surrey KT22 0BN.**

Registered Charity No. 251051.

Please contact us if you have any questions:



Find us online at qef.org.uk/legacy



QEF, Leatherhead Court, Woodlands Road,
Leatherhead, Surrey KT22 0BN



Call us on **01372 841 151**



Email us at legacy@qef.org.uk

Thank you for considering leaving a gift in your Will to QEF

**Care and Rehabilitation Centre | Mobility Services |
MERU | The Grange, Kent | Retail Trading**

**Late Patron: Her Majesty Queen Elizabeth the Queen Mother
Queen Elizabeth's Foundation for Disabled People.**

A company limited by guarantee. Registered address:
Leatherhead Court, Woodlands Road, Leatherhead,
Surrey, KT22 0BN.

Registered Charity No 251051. Vat No 209 6659 79.



**Queen Elizabeth's
Foundation for
Disabled People**



Registered with
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REGULATOR**