



**Care and  
Rehabilitation  
Centre**



**Information for Referrers**

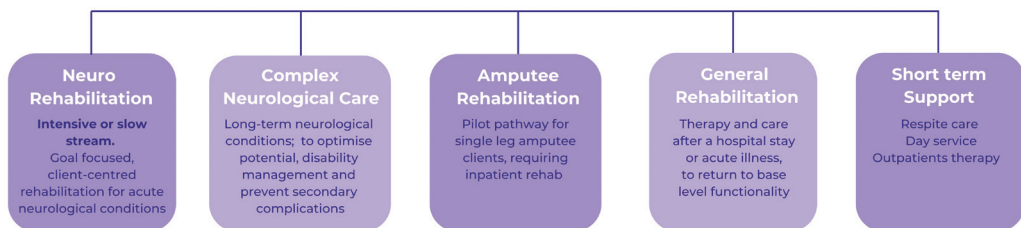
**Specialist neuro  
rehabilitation  
and nursing care**

# A specialist neuro rehabilitation centre

QEF has over 40 years experience of providing expert neuro rehabilitation and complex disability management, supporting people to regain key skills after an acquired neurological injury or illness.

We work with the NHS, case managers, personal injury solicitors and local authorities. We support adults who are medically stable with physical, cognitive and /or communication disabilities, which may also include mild to moderate behavioural challenges.

We provide 5 flexible client pathways that can be tailored to each individual's needs; enabling each person to rebuild key skills at a pace tailored to them.



## Conditions and Impairments we support

### Conditions:

- Traumatic Brain Injury
- Acquired Brain Injury
- Spinal Injury
- Stroke
- Neuro Degenerative Conditions such as Multiple Sclerosis, Parkinson's Disease, MND
- Other Neurological Conditions such as Guillan Barre Syndrome and altered states of consciousness

### Impairments including:

- Dysphagia
- Communication difficulties
- Cognitive impairments
- Spasticity
- Mild to moderate behavioural challenges
- Hemiparesis
- Fatigue
- Altered balance
- Pain

This is not an exhaustive list. As our pathways can be tailored to each person, please contact us to discuss specific requirements

# A purpose built centre

The Care and Rehabilitation Centre (CRC) is a modern and comfortable centre of expertise that has been purpose built for QEF.

## Bedrooms

Each bedroom is light and spacious and has:

- overhead tracking hoist system
- ensuite wetroom
- comfortable furniture
- specialist beds
- Accessible technology that can easily control the blinds, lights, room temperature, music and TV

Rooms with kitchenettes are also available.

## Therapy facilities

The therapy areas are clearly separated from accommodation and include a large physiotherapy gym, additional rooms for occupational therapy, speech and language and psychology which includes the use of an interactive room.

There is also a training kitchen where clients can regain cooking and baking skills and a laundry facility to help clients regain daily living skills.

## Technology Assisted Therapy

The gym includes innovative Tyromotion technology for clients use during and outside therapy sessions to intensify and reinforce their progress.

## Communal Areas

There are 2 spacious dining rooms that are also used for activities and clubs such as music and art groups.

There is a client lounge for relaxation and additional space to meet friends and family. The CRC is surrounded by relaxing country side and our grounds are accessible for outdoor activities.

Free on site parking is available for all visitors.





# Life-changing support from a multi-disciplinary team

Our specialist services are delivered by a highly experienced multi-disciplinary team of healthcare professionals, including:

**Consultant in rehabilitation medicine**

**GP**

**Physiotherapists**

**Speech and language therapists**

**Occupational therapists**

**Clinical psychologists**

**Neurological music therapist**

**Dietician**

**Specialist nurses and Support workers**

We also offer therapeutic art, music and a wide variety of recreational activities. These include relaxation, discussion groups. These are client led and may include gardening, cooking groups, and a range of external trips, adding extra value and quality to each person's rehabilitation programme.

By setting individual goals for development and enabling people to achieve them, each person will be supported to maximise their independence and achieve their potential.

## Developments in Rehabilitation

- New amputee pathway in development, working collaboratively with The London Prosthetic Clinic and Home Rehab Therapies. Initially accepting referrals for single leg amputee clients requiring inpatient rehabilitation. This will develop as the pathway grows.
- Neurologic Music Therapy as part of the MDT offering, via an in-reach provision one day a week in partnership with Chroma. Supporting clients who require additional specialist input to reach their full potential.



# Example client journey

Review of client referral form/information

Clinical Triage and decision whether to admit

Admission Planned

Two week initial assessment period and access visit by

MDT Rehab Planning Meeting; week 2-3

Family meeting; end week 3

Continued therapy interventions working on SMART goals which underpin overarching MDT client centred goal and

Two weekly goal reviews

Monthly family meetings where length of stay longer than 6 week

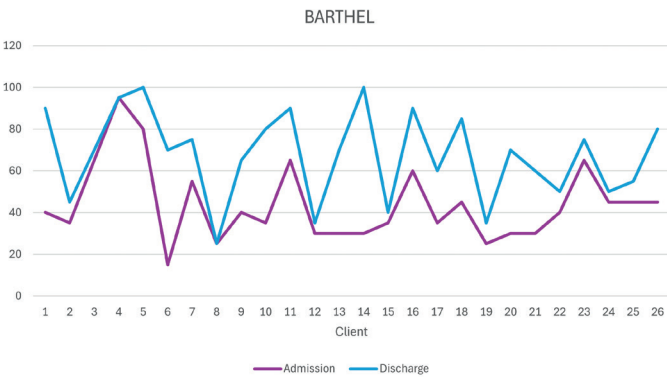
Final discharge meeting, ideally two weeks prior to discharge, with clarification on onward referral and support needs (for care and/or therapies)

Discharge with pack to include a discharge report, any therapeutic recommendations for ongoing support and optimisation, information regarding supporting services and links.

Discharge to agreed destination

# Clinical Excellence

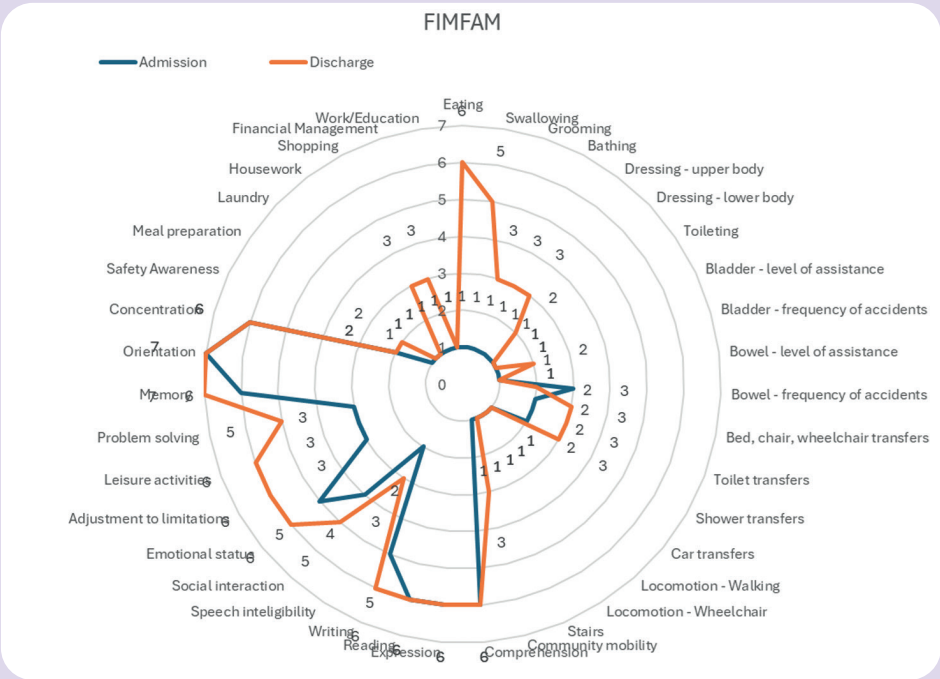
Clients are assessed on admission and again at discharge, to measure the impact of the neuro rehabilitation therapies they have received.



The Barthel Index (BI) measures the extent to which somebody can function independently and has mobility in their activities of daily living (ADL) i.e. feeding, bathing, grooming, dressing, bowel control, bladder control, toileting, chair transfer, ambulation and stair climbing.

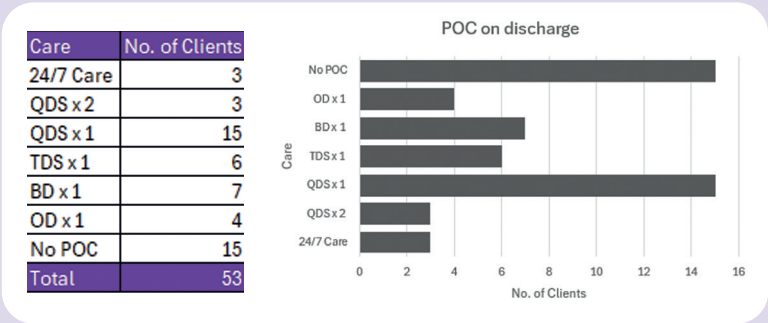
Barthel Admission and Discharge results for Stroke clients. Data is from November 2024 - February 2025

This chart is a reflection of the measures used for a client who was admitted following a stroke, who had a history of multiple previous strokes. It was an extended stay with complex neurological care. It shows significant improvements in eating, swallowing, dressing, leisure activities and problem solving among others.



# Operational Excellence

On average over a 12 month period 67% of QEF’s clients returned home with a package of care, as demonstrated by the figures below.



Package of Care on discharge  
Data is July 2024 - February 2025

## Discharge Destinations March – December 2024

| Month           | Home | Care Home | Other | Total | % Home |
|-----------------|------|-----------|-------|-------|--------|
| 24-Mar          | 14   | 2         | 1     | 17    | 82     |
| 24-Apr          | 4    | 2         | 2     | 8     | 50     |
| 24-May          | 7    | 2         | 3     | 12    | 58     |
| 24-Jun          | 7    | 2         | 1     | 10    | 70     |
| 24-Jul          | 4    | 0         | 0     | 4     | 100    |
| 24-Aug          | 6    | 1         | 1     | 8     | 75     |
| 24-Sep          | 8    | 1         | 2     | 11    | 73     |
| 24-Oct          | 8    | 5         | 1     | 14    | 57     |
| 24-Nov          | 6    | 2         | 2     | 10    | 60     |
| 24-Dec          | 9    | 0         | 0     | 9     | 100    |
| 25-Jan          | 6    | 3         | 3     | 12    | 50     |
| 25-Feb          | 7    | 3         | 3     | 13    | 54     |
| Rolling Average | 86   | 23        | 19    | 128   | 67     |

“QEF is a lovely, peaceful setting. There are spacious, private rooms with fully accessible bathrooms. The therapy team are caring and knowledgeable. The centre has a great therapy gym and excellent equipment to promote independence and rehabilitation. I would be happy to send one of my own family members to QEF.”

Kerryn Kelly, Wandsworth Neuronavigator



## Referral to our service

### Admission Criteria:

We accept adults (18+) with a wide range of varied needs, who have agreed funding, are medically stable and able to benefit from and participate in rehabilitation programmes.

To discuss a client referral email [neurorehab@qef.org.uk](mailto:neurorehab@qef.org.uk) or call 01372 84 11 11

## Contact us

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Email: [neurorehab@qef.org.uk](mailto:neurorehab@qef.org.uk)

Tel: 01372 84 11 11

[www.qef.org.uk](http://www.qef.org.uk)

We are 5 mins from M25 (Jct 9) and a short drive from Leatherhead and Stoke D'Abernon train stations.

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